

Weekly Discipleship Plan (Week of Aug 2 – Aug 8, 2026)

Catechism Question: (1/4)

The Children's Catechism

Q. 39. What is a change of heart called?

A. Regeneration.

Q. 40. Who can change a sinner's heart?

A. The Holy Spirit alone.

The Shorter Catechism

Q. 48. What are we especially taught by these words, "before me," in the first commandment?

A. These words, "before me," in the first commandment teach us that God, who sees all things, takes notice of and is very displeased with the sin of having any other god.

Scripture Memory

Psa. 139:1 O LORD, you have searched me and known me! 2 You know when I sit down and when I rise up; you discern my thoughts from afar. 6 Such knowledge is too wonderful for me; it is high; I cannot attain it. 7 Where shall I go from your Spirit? Or where shall I flee from your presence? 12 Even the darkness is not dark to you; the night is bright as the day, for darkness is as light with you. 13 You formed my inward parts; you knitted me together in my mother's womb. 14 I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it very well.

DAILY DEVOTIONS

Day 1 (Sunday August 2)

Reading: Psalm 92 - 96

Questions:

- In Psalm 92, for what specifically does the psalmist give thanks to God ? (v. 4-5, 9&11, 12-15)
- What ways does Psalm 93 list that God "reigns"?
- What aspects of God does the psalmist praise in Ps 94 and both Psalm 95 & 96?

Prayer for: God's help and guidance in sharing the Gospel with others`

Day 2 - Monday

Reading: Ps 97 - 102

Questions:

- What aspects of God's "reign" are mentioned in Psalms 97 and 99 ?
- What are the "lyrics" of our new song in Psalm 98 and our singing in Ps 100 and 101?
- What is the tone of the prayer in Psalm 102?

Prayer for: The people serving in local state and national government

Day 3 - Tuesday

Reading: Psalm 103 - 104

Questions:

- What acts of God toward David does Psalm 103 list as ways to “bless the LORD”?
- What aspects of Creation does the Psalmist use to praise God in Psalm 104?

Prayer for: Num 6 – For God to bless us, keep us and make His face shine on us.

Day 4 - Wednesday

Reading: Psalm 105 - 106

Questions:

- What acts / attitudes of worship does Ps 105 teach to us?
- What events from Israel’s history does Psalm 105 list as reasons to praise God?
- In 106: 13ff, what did Israel do despite God’s mighty gracious acts toward them?

Prayer for: Psalm 23 – for God to lead us in righteous paths, for the glory of His name

Day 5 - Thursday

Reading: Psalm 107 - 108

Questions:

- What’s the job of those God redeemed, regarding His eternal, unchanging love? (107:1-2)
- What does the psalmist mention as examples of God’s eternal unchanging love ? (107:3ff)
- How does Ps 108 compare the salvation of God versus the salvation of man?

Prayer for: Matt 6 – That God’s name (and person) not be used carelessly, but be worshipped and glorified.

Day 6 - Friday

Reading: Psalm 109 - 113

Questions:

- Ps 109: What actions of the wicked does David view God as being “silent” about? What do you think this “silence” is?
- Is Psalm 110 “Messianic?” In what ways?
- In what ways is Psalm 111 “worship” of God? What ways might you use the psalm to worship God?

Prayer for: Matt 9: 38 – that God send laborers into His harvest

Day 7 - Saturday

Reading: Psalm 114 - 118

Questions:

- What event(s) in Israel’s history are the focus of Ps 114?
- What actions of God in Psalm 116 cause the psalmist’s praise of God?
- Ps 118:1 says “the LORD...is good.” What specifics does the psalmist give of God’s goodness?

Prayer for: I Thess 4:13 – that we would be sanctified, and keep ourselves from immorality